



PRESCHOOL & LEARNING CENTER

Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast				
Scrambled Eggs	Cereal	Oatmeal	Pancakes w/ Syrup	Cereal
Toast	Toast	Toast	Sausage links	Toast
Milk	Milk	Milk	Milk	Milk
Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
AM Snack				
Cereal	Raisin trail mix	Toast and jelly	Graham crackers w/peanut butter	Animal crackers
Fruit snacks				Apple slices
Lunch				
Peanut butter and Jelly sandwich	Home made	Taco rollups	Grilled cheese Sandwich	Scrambled eggs
French fries	Cheese pizza	Tossed lettuce Salad	Chicken noodle Soup	Sausage links
Pears	Corn	Apple sauce	Crackers	Blueberry muffin
milk	Peaches	Milk	Pineapple	milk
	Milk		Milk	
PM Snack				
Cheese and crackers	Vanilla wafers w/ banana slices	Bread sticks w/ Marinara sauce	Oyster crackers Carrots w/ Ranch dressing	Graham crackers w/ cinnamon & sugar